






pH Capsule Discharge Instructions

1. Do not have an MRI for 30 days following placement of the pH capsule. Keep the capsule identification card from your patient booklet in your wallet. Do not have other diagnostic tests (CT scan, nuclear medicine tests, Xrays) during the 48 hours the pH test is in progress.
2. Continue your normal diet and activities during the pH study.
3. Your study is being done while you are off of your reflux and anti ulcer medication. Also, do not take any over the counter medications for heartburn or reflux.
4. Record your symptoms by pressing the buttons on the receiver. A green light on the top of the receiver will light up and a beep will be heard when a symptom button is pressed.

Symptom Button	Symptoms
	Heartburn
	Regurgitation
	Chest Pain
5. Record in your diary the start and stop times of meals or anytime you have something to eat. Use the time on the top of the receiver.
 - Everything but water is considered a meal.
 - Hard candy and gum are considered a meal.
6. Record in your diary start and stop times when you are lying down. If you sleep in a recliner, note in your diary that you were in a recliner. Keep the receiver on your person while you are sleeping. Use the time on the top of the receiver.
7. If you smoke please record in your diary when you are smoking. Use the time on the top of the receiver.
8. Keep your receiver clipped to your clothing. A light will blink, an alarm will beep and the receiver will flash C1 or P1 if you are too far away from your receiver. Move the receiver closer to you until the alarm stops and the C1 or P1 is no longer visible on the receiver. If C1 or P1 remains you may be getting interference from another electrical device and you need to move away from the area. Keeping the receiver close to you will prevent the battery from having to be changed before the study is over.
9. You may shower or take a bath. Place your receiver in a zip lock plastic bag and place it outside the shower or tub. Remember to clip it to your clothing as soon as you get out of the shower or bath. Do not get the receiver wet.
10. The receiver will automatically shut off after 48 hours.
11. The capsule will fall off after 7-10days and pass naturally through the GI tract and be expelled in a bowel movement and flushed down the toilet.
- 12. PLEASE RETURN THE RECEIVER, DIARY AND SPARE BATTERY TO THE ENDOSCOPY DEPT. WHEN YOUR TEST IS COMPLETE OR NO LATER THAN 8am THE FOLLOWING MORNING.**

Replacing Main Battery During a Study

1. Slide open the door to the battery compartment.
2. Remove the old AA/LR6 lithium battery and replace it with a new lithium battery. NOTE: Refer to the graphic displayed in the battery compartment for information on the battery orientation.
3. Use a pen or paperclip on the bottom of the receiver to open the cover and to access the controller interface.
4. Press and hold the power button (2.3 seconds). After an introduction screen, the recording screen appears. Ensure the * on the left and right of RECORDING are blinking.
5. Close the cover and continue the pH study.